

Following Your Intuition

Your intuition is one of the ways your Higher Self lovingly guides you.

- Following your intuition is one of the clearest ways your Higher Self guides you. That inner knowing, gut feeling, or gentle nudge is sacred guidance leading you toward greater clarity, peace, joy, health, and well-being.
- Your intuition often speaks quietly. It may come as a feeling, a sense of knowing, a soft pull toward a decision, or a gentle inner whisper. The more you listen, the stronger your connection with your Higher Self becomes.
- Following your intuition brings more alignment and flow into your life. As you trust what you feel, you open the door to greater joy, love, health, and well-being, and life often becomes lighter, clearer, and more supported.
- Your Higher Self is always guiding you toward the best outcome for your highest good and the highest good of all. Slow down, become still, and listen. Trust yourself. Trust what you feel. Your Higher Self is guiding you with love.
- The more you follow your intuition, the more clearly you feel the loving guidance of your Higher Self.

Ways Intuition May Speak

- ★ A calm inner knowing
- ★ A gut feeling or body response
- ★ Repeated nudges or signs
- ★ A sense of peace when something is aligned

I intend to trust and surrender to my intuition and guidance, and follow wherever it leads me without question or hesitation.