

A Healing Insight from Reiki-EssenceHealing



Be Your Best Version

Power-Up with a Reiki Session



March 15, 2020

Discover the Benefits of Reiki





Do You Know the Benefits of Reiki?

Build immune system, release fear, ease stress from Covid-19



- 
- Creates well-being and peacefulness
- 
- Reduces and relieves chronic pain, stress, anxiety & fatigue
- 
- Improves health and relationships
- 
- Helps reduce the side effects of cancer treatments
- 
- Increases the rate of recovery from injury
- 
- Releases emotional blocks (depression, grief, bereavement, worry)
- 
- Experience clarity of thought and more control in your daily life
- 
- Strengthens and harmonizes the immune system
- 
- And so much more



REIKI-ESSENCEHEALING.COM

WENDY@REIKI-ESSENCEHEALING.COM